



Oregon Clubwoman

NEWSLETTER



A publication of the GFWC Oregon Federation of Women's Clubs

Spring 2022

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2020-2022 OFWC Officers

President:

Karen La Voie

1st Vice President:

Wendy Wheeler-Jacobs

2nd Vice President:

Barbara Chavez

Treasurer:

Lisa Anderson

Parliamentarian Advisor:

Mary Accettura

Oregon Federation Brings Members Together For Leadership Seminar

If you were not able to attend the 2022 Leadership Seminar in Salem, you really missed some great information and lots of fun!

Every member completing an evaluation of the event said they learned things that will help them grow Individually and as a club member. They also all recommended other members attend the next Leadership Seminar!

Our guest speaker, Shannon Biteng, the Oregon Dept of Human Services Trauma Informed Organization Manager shared lots of wonderful information about how to be a Trauma Informed Leader and how those skills applied to both our personal and club experiences. Some comments from those who attended include: "*Loved her message and its applicability to clubs*", "*She was amazing and her content was great*" and "*Great tips on Leadership dynamics*".



Seminar Continues on Page 3



From the OFWC President...

It is March already and it is nearing the end of my administration as President of the Oregon Federation of Women's Clubs. It has been an honor to serve you and a pleasure to meet so many of the Oregon Clubwomen.

I have been amazed as to the amount of projects the OFWC clubs have done, especially in the midst of the pandemic of the past two years. Your communities have continued to be your priority. Even when nothing else seemed normal or the same, you took care of those in your communities who needed the most help.

You found ways to work around the many obstacles that were presented to you because of Covid-19, and you were unstoppable. When some of your standby events had to be cancelled, you found ways to still raise money or needed items.

You held virtual events, such as Virtual Bingo and Virtual Fine Arts Scholarship Programs.

You collected food in parking lots at drive through events.

You gathered, in a socially distanced manner, to put together bags filled with household and hygiene products.

You supplied gifts for the Tree of Giving.

You continued helping Teen Outreach.

You provided scholarships.

You helped CASA, veterans, babies, foster children, those affected by domestic and sexual violence and so many others in need.

You held Zoom meetings, so you could stay in touch with your club members and so you could continue your club's projects. As things seem to be settling down as far as this pandemic goes, I look forward to watching our nine woman's clubs and one Juniorette club continue to work their magic in each of their communities. Thank you to all of you for being so amazing!

Karen La Voie

Upcoming Events

April 9, 2022	Fine Arts Scholarship Contest (via Zoom)
April 28, 2022	GFWC Beaverton Woman's Club Bingo Fundraiser (Virtual)
May 19-22, 2022	OFWC State Convention, Redmond, OR
June 25-28	GFWC Convention, New Orleans, LA <i>Register now thru GFWC Member Portal</i>
August 26-28	WSR Conference, Anchorage, AK

2022 Leadership Seminar Recap

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So, what did they learn?

The meeting started with lots of laughter as we watched a video speaker share how starting the day with the right attitude makes all the difference, even when you fall off an airplane!

Jamie Rockwell led us in an icebreaker where members shared not only what they hoped to gain by attending but also what they were able to contribute to it.

Pam Briggs encouraged the group to think about Growing New Leaders. Members shared ideas about why good leaders make good club members and how we learn leadership skills by starting out with small, non-threatening responsibilities that allow us to slowly step out of our comfort zone. Leadership skills take time and patience to grow and develop. A video about Chinese Bamboo Trees that take 5 years of care before they sprout was watched to help everyone remember that without daily care and nurturing, leaders won't be developed.

Wendy Wheeler-Jacobs helped us to discover our "Super Powers" and inspired us to think about how to utilize them with OFWC.

Club Presidents shared some of their club projects and how members took leadership roles to make them successful.

In honor of Women's History Month we watched a video the shared 100 Years of Incredible Women. And after eating a delicious lunch, a quiz about Amazing Federation Women (complete with prizes for the winners) was completed. To get us focused back on Leadership, we watched a fabulous inspirational video about women focused on What is Your Calling in Life.

Pam Briggs helped us look at a Holistic view of Conflict Resolution that focused not just on resolving conflict but on how to prevent it and how to repair the damage conflict causes. A hilarious video was shared to help members identify different aspects of conflict.

Leslie Ristine and Wendy Wheeler-Jacobs gave a delightful performance of a club meeting that had members laughing as they learned about correct and not so correct parliamentary procedure.

Karen La Voie shared great tips for helping club officers make sure there is a smooth transition as clubs prepare for a change of officers in a few months.

Suellen Brazil, GFWC 1st Vice President brought our meeting to a close as she shared "The Journey and the Lessons" in a video address presented just for our members. She was inspiring with a message of stepping up and stepping out of our comfort zone.

And of course, a final video that was very "easy on the eyes" sent us on our way with many positive affirmations for all of us to take to heart as we headed home.

Handouts were provided to those in attendance. If you can't get a copy from your club President, contact Pam Briggs for copies. If you would like the links for any of the videos those can also be obtained from Pam.

Thanks to all who attended and we hope many more of you will be there next year!

GFWC Polk County Service Club's Anniversary Celebration

Article by, Karen La Voie

In February, I had the opportunity to attend the GFWC Polk County Service Club's Anniversary Celebration.

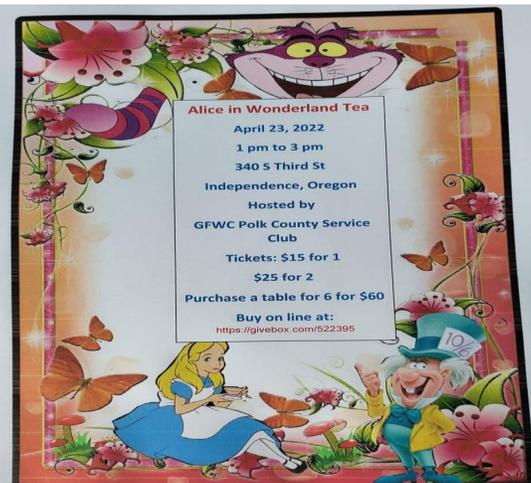
The club began on February 28, 1914, so has been taking care of the people in their community for 107 years. This year, they held a Celebration of Service Auction to raise money towards the renovation of the historic Independence Woman's Club house, which began as a church in 1921.

It is now the only GFWC club in Oregon to own their own clubhouse. This beautiful old building has been in need of some major repairs for a long time. What better way to help raise funds to renovate it than to hold an auction.

There were appetizers and refreshments to enjoy and lots of pictures displaying the history of the facility. There was a silent auction and an oral auction, for which the mayor of Independence, John Mc Ardle, was the auctioneer.



It was exciting to see the enthusiasm of those participating in the live auction. The cost of all the repairs needed is substantial and donations are appreciated. So many OFWC club women have participated in functions held in this beautiful old church over the years. If your club would like to help update this very special place, consider making a donation to them. Not only do the members of OFWC use this space, other organizations rent it, which helps offset the many expenses of running the building. Once the renovations are complete, this wonderful old church will be in demand even more and I, for one, am looking forward to that day.



Be sure to check out their next Club event,

Alice in Wonderland Tea

April 23rd from 1-3 pm

Candidates for OFWC 2022-2024 Office Positions

Report of the Nominating Committee

The Nominating Committee is happy to report that we have a full slate of qualified candidates for consideration at the 2022 GFWC Oregon Federation of Women's Clubs Convention. The following will be joining our President-elect, Wendy Wheeler Jacobs:

First Vice President—Barbara Chavez, GFWC North Clackamas Woman's Club
 Second Vice President—Vanessa Parra, GFWC Oregon City Woman's Club
 Recording Secretary—Ann Lantz, GFWC Beaverton Woman's Club
 Treasurer—Pam Briggs, GFWC Salem Woman's Service Club

I'd like to thank the members of the Nominating Committee: Joann Wheeler, Barbara Chavez, and Vanessa Parra. *Glenda Peters, Chairman Nominating Committee*

Barbara Chavez – Candidate for First Vice President

Barbara is currently Oregon Federation's Second Vice President and is also President of the North Clackamas Woman's Club and a member of the Portland Woman's Club. She has enjoyed her journey in the Federation beginning in 2005 with GFWC Danville Women's Club (California) where she was elected as president six times. Other leadership positions held include District President for 23 clubs and six years on the GFWC California Executive Board in financial positions. Prior to joining the Federation, she held various leadership positions in the local PTA for over 15 years. She worked at management level positions for Chevron Corporation and later worked as a real estate agent. Barbara and her husband moved to Happy Valley in 2017 where two of their four children also live.

Vanessa Parra – Candidate for Second Vice President

Vanessa moved to Portland at the age of 19 after attending the Mt. Hood Festival of Jazz and falling in love with the Pacific Northwest. She now considers it her "forever home." She was born in Livermore, California, and grew up in Stockton with her two younger sisters and one younger brother. While in high school, Vanessa belonged to a Club similar to OFWC's Juniorettes, in which young people raise funds that they donate to local charities. She also volunteered as a Candy Stripper at the hospital. Upon her graduation from high school at the age of 16, Vanessa attended community college. She is currently a licensed, practicing real estate broker, and the proud mom of her son Hayden. Vanessa loves to cook, travel, go on adventures with Hayden, and volunteer her time to the Oregon City Woman's Club. She is also an active member of her church community, and she volunteers with Every Child PDX to provide respite to foster families.

Candidates for OFWC 2022-2024 Office Positions (continued)

Ann Lantz– Candidate for Recording Secretary

Ann Lantz has been a member of the Beaverton Woman's Club since 2013. Ann believes that in giving back to the community through her local club along with OFWC/ GFWC, she can participate in many opportunities. She has enjoyed the camaraderie with her club members and has made many friendships. Ann has enjoyed being part of our organization by leading and participating in fun and educational activities. She served the BWC as vice president and secretary and has worked with leadership teams that promote and support the volunteer spirit. Ann supported the club as a chair of their conservation/environmental departments and leading their signature fundraising event, the Girlfriend's Tea.

Personal info about Ann, she lives in Beaverton with husband where they raised their 2 sons. She works as a project manager for Weir ESCO a manufacturer of Mining and Construction Equipment. When Ann is not working on club activities she enjoys golfing, gardening and hiking.

Pam Briggs – Candidate for Treasurer

Pam has been a member of the Oregon Federation of Women's Clubs since 1985 when she joined the Salem Woman's Service Club (then known as the Salem Junior Woman's Club). She has been an active club member who served multiple terms as Club President, Treasurer and Secretary. She also served as Valley District President. At the State level, Pam served as OFWC President in 2002-04 and 2018-20. She served multiple terms as Secretary and Treasurer and has held several chairmanship positions. As a member of Western Region, Pam has served as WSR Corresponding Secretary and Treasurer. She is currently the WSR Secretary and was recently elected to the position of 2022-24 WSR Vice President. At the National level, Pam has served 4 terms on the GFWC BOD as State President, Resolutions Committee and Signature Program Committee. She served as a GFWC Mediator for several years and regularly wrote articles for the GFWC Clubwoman Magazine.

President-elect Wendy Wheeler-Jacobs

Wendy began her GFWC membership in 2006 as a founding member of the GFWC Cascade Club in Washington. While a WA member, she served as Club President, District President and Washington Clubwoman Editor. She was honored to be selected as the LEADS candidate in 2007.

Wendy relocated to Oregon to be closer to her family and joined GFWC of Central Oregon, a club founded by her mother Joann Wheeler. For OFWC she has served as Club President, Communications & PR Chairman, Oregon Clubwoman, Website and Facebook Editor, 2nd and 1st Vice President.

Wendy works part time as a brand strategy consultant and spends her free time in the mountains or painting, sometimes at the same time. She lives with her husband their fur baby Ruby.

Make-A-Wish®

OFWC President's Project

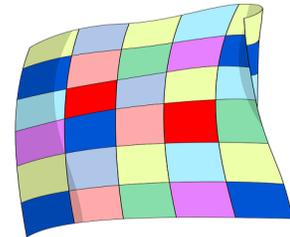
2020 to 2022 GFWC Oregon Federation of Women's Club Members have been active in helping on our State President Karen La Voie's State Project, The Make A Wish Foundation, Oregon.

At the Convention will be your final chance to purchase your ticket for the wonderful quilt that Valerie Huey made for this project.

Please be sure to see me for your chance to win this great quilt and all proceeds will go to The Make A Wish Foundation, Oregon.

Thanks for your support!

Heather Thomas, State President Project Chair

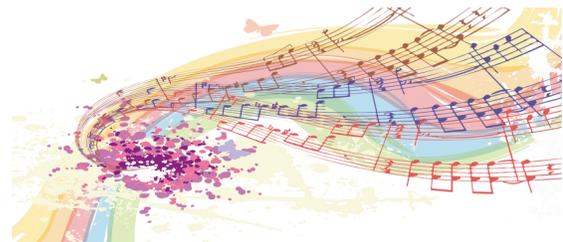


OFWC Fine Arts Scholarship

The 2022 Fine Arts Scholarship Contest will be held virtually this year. The Winners will be announced on **April 9th** during our Virtual Awards Ceremony at **2 pm**. We currently have 46 entries in the contest.

Please join us:
Join Zoom Meeting

Meeting ID: 841 1575 6846
Passcode: ofwc



Thank you to everyone person and Club that continues to support the fine arts!! We would not be able to provide these scholarships each year without your generous giving!



*Allison Belisle
Fine Arts Chair*



GFWC Oregon Federation of Women's Clubs
"When You Wish Upon a Star" ★



Call to the 107th Annual Convention

May 19-21, 2022

Sleep Inn & Suites, Redmond, Oregon

Come join us in beautiful Redmond, Oregon as we begin a yearlong celebration of the 123rd anniversary of the Oregon Federation of Women's Clubs that was organized in October 1899. Here are a few reasons why you should come:

Celebrate the accomplishments of the club year and all the amazing projects completed by the clubwomen in Oregon

Celebrate the 123rd anniversary of the Oregon Federation

Renew old Federation acquaintances and friendships and make new ones

Listen to great guest speakers

Participate in a service project

Enjoy amazing food and the gorgeous surroundings of Central Oregon

Attend fabulous workshops

Dress up in those beautiful clothes you haven't worn in a long time

Have enough fun and laughter to fill two days and, of course,

Take care of a little Federation business!

Important Deadlines:

May 1 - Last day to reserve rooms at the discounted rate!

May 1- Last day to register before paying late fee.



Special Guests:



Deb Strahanoski, GFWC President-elect will be with us throughout the convention. Deb has been a dedicated GFWC Illinois clubwoman for 32 years and is regarded as a great mentor to many. Her GFWC leadership positions have included Chairmanships in Membership, Community Improvement Program, Capital Campaign and positions as Treasurer, Secretary, Second Vice President and First Vice President. Deb serves as GFWC President-elect where she enthusiastically and effortlessly leads the GFWC Region

Allison Perry, founded Central Oregon Veterans Ranch in 2014 and has led the organization since. Allison had a vision of a working Ranch where veterans could “sleep under the stars, work on the land and be in a community of other veterans”. A working retreat and alternative to the medical model and psychiatric ward. Allison is a Licensed Professional Counselor and military-family member with an interest in developmental trauma, specifically combat trauma across the lifespan. Allison will be our Saturday speaker at lunch,



What to Bring:

Items for the Service Project from the Wish List from the Central Oregon Veteran’s Ranch. (See next page)

Spring “Basket” Fundraiser from your club.

Current club scrapbook for this year to share.

Old scrapbooks (the older the better) so we can explore OFWC history through them.



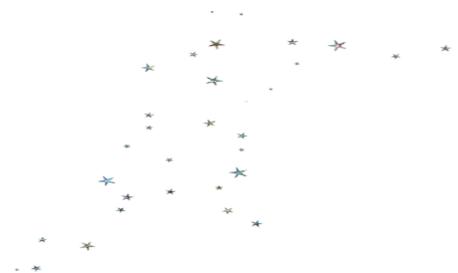
What to Wear:

Friday: Business Casual

Friday Dinner / fun night: Dressy

Saturday: Business Casual

Saturday Dinner: Dressier--**Sparkle Night!!!**



Convention 2022 – Community Service Project

Central Oregon Veterans Ranch

GFWC of Central Oregon is asking for your help in providing Gift Cards/Gift Certificates for the Central Oregon Veterans Ranch. Our club has assisted the Ranch since the beginning...we have provided meals or snacks for meetings, trainings and events, supplies for operation, and garden and tool supplies for Veterans to use in the Green House. Now the Ranch is in need of many different items with its growth.

Here is a list of businesses that gift cards/certificates could be used: Wilco; Coastal, Home Depot, Costco, Amazon, Fred Meyer, Walmart, Grocery Outlet, Staples, Albertsons, Safeway, Etsy, gas cards....., all of these businesses' goods are equally important to the Ranch. (***Ladies....Easy to pack and bring!!***) Please help our state Veterans and the Ranch!! The Founder of COVR, Alison Perry, will be present at Saturday's lunch to share more about the Ranch.

Here is more information about Central Oregon Veterans Ranch:

For the past seven years COVR has operated a 19-acre working farm and engaged hundreds of veterans of different ages and eras in peer support and agriculture-related activities, or "Agri-therapy". Activities include a hydroponic greenhouse that grows lettuce to sell, chicken coops for eggs to sell, an apiary, a victory garden that veterans and their families cultivate for their own vegetables; and sheep, llamas, and goats. The pastures are undergoing the installation of irrigation to provide more grazing land for the animals.

COVR has built community and camaraderie among veterans in Central Oregon and around the state. The Ranch helps veterans find a sense of belonging and purpose through meaningful interactions, team projects, education, growing plants and caring for animals. During the past seven years we have offered veterans and community members workshops on Post-Traumatic Stress, Suicide Prevention, and Non-Violent Communication. The Ranch has become a hub for veterans to meet and connect; a safe space to build relationships with peers as well as civilian community members. Several veterans have stated that the Ranch "saved their lives," and many return during time of personal crisis because of the trust and sense of community the Ranch provides.

Thank you GFWC Oregon Clubwomen!



Preliminary Agenda:

Thursday, May 19th

4:00-6:00 pm

Registration, Lobby

6:30-8:30 pm

Executive Committee Meeting
Eagle Crest Resort

Friday, May 20th

8:00 am

Registration opens

9:00 am

Opening Ceremonies
Business Session Begins

12:00 pm

Lunch

1:00 pm

Business Session Resumes

6:30 pm

Dinner

8:00 pm

Entertainment

8:45 pm

Reception for GFWC Guest

Saturday, May 21st

8:30 am

Registration opens

10:00 am

Business Session Resumes

11:15 am

Key Note Speaker, Alison Perry

12:00 pm

Lunch

1:00 pm

Business Session Resumes

5:45 pm

Processional Line-up

6:00 pm

Dinner

7:00 pm

Installation

8:00 pm

Celebration



Sunday, May 22nd

9:00 am

2020-2022 Outgoing Administration Meeting

9:30 am

2022-2024 Incoming Administration Meeting

GFWC OREGON FEDERATION OF WOMEN'S CLUBS
2022 Convention Registration
May 19-22, 2022
Redmond, Oregon

Hotel: Sleep Inn & Suites 1847 NW 6th St., Redmond, OR 97756
 541-504-1500; Group Block, The Oregon Federation of Women's Clubs.
Reserve rooms by May 1st to receive special rate
 2 Queen Beds--\$169.00 (\$10 each for more than 2 adults) or 1 King Bed--\$169.00

Registration:

Member	\$35
Member (single day)	\$20
Friday or Saturday (circle one)	
Late Registration Fee	\$10
(After May 1 st)	
Total Registration	\$ _____

Meals: (circle price if attending)

Friday, May 20th

Lunch: Baked Potato Bar, Salad, Fruit and Vegetables, Iced Tea \$30

Dinner: Three Cheese Pasta with Chicken, Salad, Fruit, Vegetables,
Iced Tea \$35

Saturday, May 21st

Lunch: Mediterranean Lunch Buffet—Tri-Tip Steak/Mango Shrimp/
Chicken Breasts, Salad, Fruit, Vegetables, Pita Bread, Iced Tea \$39

Dinner: Chicken Cordon Blue filled with Ham and Swiss Cheese with
Velouté sauce with Rice, Salad, Fruit, Vegetables, Bread,
Tiramisu, Iced Tea. \$46

Total Meals \$ _____

Total Registration and Meals \$ _____

Dietary Restrictions:

Vegetarian _____ Gluten Free _____ Other _____

Attendee Information (Please only one person per form)

Name _____

Email _____ Phone _____

Club _____

State BOD Member _____ Club Member _____ Guest _____

Mail completed form with check made out to OFWC by May 1, 2022

Heather Thomas, 5354 Melrose Ct. N. Keizer, OR 97303
 503-508-3569 / gfwcthomas51@gmail.com